



## Guidance for families and children who have attended the Emergency Department with symptoms of coronavirus (COVID-19)



Your child has attended the Emergency Department with at least one of the following symptoms:

- **New, persistent cough (several episodes of coughing that persist throughout the day)**
- **Loss of smell (anosmia) or taste**
- **Fever (feeling hot to touch or temperature above 37.8°C on a thermometer)**

Your child has been assessed as being well enough for ongoing care in the home setting and does not require admission to the hospital.

### When should I seek further medical attention?

Whether or not your child has COVID-19, if they develop any of these concerning features, then they must attend the hospital:

- Blue tinged lips or skin
- Laboured or fast breathing
- Mottled skin
- Reduced conscious level
- Reduced feeding/not tolerating feeds (less than 50% of normal or frequent vomiting)
- Reduced frequency of urination (should pass urine at least 4 times/day)

Parental concern is important and we take this seriously. If you are worried your child is becoming more unwell and needs a further assessment then please arrange this via the GP, NHS 24 or attend the emergency department depending on your level of concern.

If you are concerned that your child is very unwell, then you must ring 999 immediately.

### COVID-19 testing

Anyone who develops one or more of the 3 symptoms listed above should have a COVID test.

### At the Royal Hospital for Children we only test children needing inpatient hospital care.

Children that are discharged home from Emergency Department will not be tested while they are here. This allows us to prioritise virus testing for the sickest children.

Due to the ongoing pandemic and to keep yourself, your child, your family and friends safe, you now must **organise a Covid-19 test for your child, and your household must self-isolate.**

All children can now get tested in COVID testing centres or using a home testing kit. Testing should be carried out as early as possible after their symptoms start. The test can be done in the first 5 days of illness so please act promptly to get your child tested.

**TO ARRANGE TESTING please visit the following site by scanning this QR code or visiting [www.nhsinform.scot](http://www.nhsinform.scot):**  
(use camera on phone to scan)



### How long do you self-isolate for?

The rules from the Scottish government for SELF-ISOLATING may change at short notice.

We advise checking the most up to date guidelines which can be found by visit the following website:

<https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/who-needs-to-self-isolate/> which can be found by scanning this QR code



**Everyone who develops symptoms of COVID-19 – a new, continuous cough; fever or loss of (or change in) sense of smell or taste - should isolate straight away and arrange a test via [www.nhsinform.scot](http://www.nhsinform.scot) or, if you can't get online, by calling 0800 028 2816.**

**People who live in the same household as a person with symptoms should also isolate straight away.**

Current isolation timeframe advice for households can be found by visit the following website which can be found by scanning this QR code



### What do we mean by 'self-isolate'?

Self-isolation means staying at home and not having contact with people outside your household.

- ✗** Do **NOT** go to work, school, nursery or public places – work from home if you can and children should also remain at home.
- ✗** Do **NOT** go on public transport or use taxis.
- ✗** Do **NOT** go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home.
- ✗** Do **NOT** have visitors in your home, including friends and family – except for people providing ESSENTIAL care.
- ✗** Do **NOT** go out to exercise – exercise at home or in your garden if you have one.

**If you need medical advice during your isolation time you should phone NHS 24 on 111.**