

## **Appendix 1**

### Discharge Planning Checklist

<b>Nephrotic Syndrome Discharge Planning Checklist</b>		<b>Date complete</b>
Nephrotic syndrome info sheet/Infokid website	<input type="checkbox"/>	
Renal Medication Book <ul style="list-style-type: none"> <li>• Prednisolone dose and reducing regimen</li> <li>• Steroid card</li> <li>• Penicillin prophylaxis (if started) with dosing and when to stop</li> <li>• PPI dosing, remind parents that this drug is given daily even when Prednisolone goes to alternate day dosing</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Urinalysis <ul style="list-style-type: none"> <li>• Parent/carerer education complete</li> <li>• Diary record</li> <li>• Albustix® provided</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Dietetic referral <ul style="list-style-type: none"> <li>• Diet information sheet</li> <li>• Fluid restriction during relapse discussed</li> <li>• Aware to lift fluid restriction when in remission</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Infection <ul style="list-style-type: none"> <li>• Pneumococcal vaccination letter sent out to GP •</li> <li>Varicella status (if available):                positive <input type="checkbox"/>    negative <input type="checkbox"/></li> <li>• Advice given for VZ seronegative</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
Follow up <ul style="list-style-type: none"> <li>• Outpatient appointment issued</li> <li>• Contact number/details issued</li> </ul>	<input type="checkbox"/> <input type="checkbox"/>	